

Pickaway-Ross Career & Technology Center

Rural, Chillicothe, Ohio

Ross County



Breakfast & Beyond-2022

Collaborators

- District & Building Administrators, Teachers
- Nurse, Education Specialist, Students
- Librarian, Support Staff

School District Instructional & Meal Options

SY 2021-2022- In-person instruction

- Grab-n-Go breakfast to eat in the classroom.
- Hot breakfast to eat in the cafeteria.
- Breakfast and Lunch offered at no charge.

Goals

- Collaboration between cafeteria manager and commercial food careers instructor.
- Work together to share vendors, storage space, and use of students to help with meal prep.
- Offer a Grab-n-Go breakfast in addition to a hot breakfast.
- Increase the number of lunch periods from 3 to 5 to allow social distancing among students.

Results

- Commercial food careers instructor and cafeteria manager have collaborated to
 - Create menus, utilize multiple vendors, and share storage space
 - Employ students to help with hot breakfast and meal prep for lunch.
 - Provide weekend meal bags for students

SY 2021-2022- Supply chain issues have been an obstacle in securing food and staff shortages have been challenging in the preparation and serving of meals in a timely manner. Because of these complications, the school administration made the decision to coordinate the efforts of the cafeteria and the Commercial Food Careers (CFC) program. The collaboration was a logical solution that benefited the cafeteria and students in the high school's CFC program. The cafeteria shared vendors, storage space and CFC students helped fill in the gaps with staff shortages.

A few other changes that were implemented were:

- *To maintain social distancing among students, the number of lunch periods increased from 3 to 5 lunches. This was accomplished by reducing each lunch period by a few minutes to create 5 shorter lunch periods.*
- *Building administrators and staff members also distributed weekend meal bags to address food insecurities for many of the students.*
- *Hot breakfast was re-introduced because of the extra students helping to prep breakfast and lunch meals.*

Combining efforts of the cafeteria and the Commercial Food Careers Program was a win-win for the career center. Students were able to help in the cafeteria, using the skills they learned in the CFC Program. The cafeteria manager was able to hire some of the students to help with meal preparation and service that helped address staff shortages. The collaboration has also expanded the vendor pool, using multiple vendors to procure food and supplies.

"The fact that our students were really capable of running the cafeteria and doing those tasks just like any other adult ... really gave our students more opportunities to get real-life experience." Dana Anderson, Career & Technical Education/Special Services Supervisor.

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From left: Angela Bell, Dana Anderson and Kevin Krebs.

Students get snack bags to provide weekend breakfasts

Posted 10/22/2020 at 7:47:31 AM by Erika Konowalow [staff member]

Nearly 490,000 children in Ohio struggle with food insecurity. Pickaway-Ross is helping combat it by providing bagged food for its students to take home on Friday afternoons.

"These are weekend breakfast meals — whole grain Pop-Tarts, muffins, cereal boxes and juice boxes, non-perishable items — so that students will have a breakfast for Saturday and Sunday," said Angela Bell, the career center's cafeteria manager.

"A lot of kids don't have anything on the weekends. Even if they eat it that night as a snack, they're getting food."

The weekend meal project began a few weeks ago and Angela said the initial challenge was how to reach every student.

"We've learned where we need to be (as students leave the building) to reach everyone. So our numbers (of students getting food) have grown, which is wonderful," she said.

"Kids seem very appreciative when they get the weekend bag. I think a lot of them are thankful that they have the food."

In addition to the weekend meals, Pickaway-Ross has always provided students with free breakfast. This year, the Ohio Department of Education, which administers the free- and reduced-lunch program, implemented free lunches for students through the school year.

