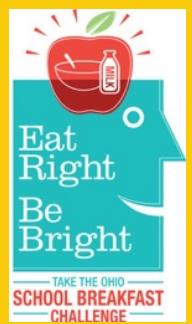


# Bright Local School District Rural, Mowrystown, Ohio Highland County



## Breakfast & Beyond-2022

### Collaborators

- District & Building Administrators, Teachers, Education Specialist, Librarian
- Child Nutrition, Transportation, Janitor
- PTA/PTO, Parents, Volunteers, Food Bank

### School District Instructional & Meal Options

SY 2021-2022- In-person instruction

- Summer Food Program: 5 breakfast and 5 lunch meals delivered 1 day per week.
- Preschool & Kindergarten: Breakfast in the cafeteria.
- Grade 1-6: Grab-n-Go from breakfast carts to eat in the classroom.
- Middle/High School: Grab-n-Go from breakfast carts to eat in the classroom.
- Breakfast and Lunch are offered at no charge.

### Goals

- Ensure *all* students have access to a well-balanced breakfast and lunch meal.
- Increase access and participation in the school meal programs.

### Results

- 20,892 breakfast and lunch meals were served thru the Summer Meal Program, from May to July 2021. On average, approximately 1,750 breakfast and lunch meals were served each week.
- High School: On average 70 more students eat breakfast very day.
- December 2021: Districtwide daily participation -86% of students ate breakfast and 80% of students ate lunch.

*SY 2021-22- Bright Local School District is a small district with approximately 722 students over a 60 mile radius. School meals are an important component of the student's educational experience. All breakfast and lunch meals are offered to students at no charge. The Summer Meal Program offered breakfast and lunch delivered once a week at four sites. Students received 5 breakfast and 5 lunch meals for each week that were prepared and packaged by school nutrition staff and volunteers. Approximately 1,750 breakfast and lunch meals were served each week. In addition, Bright elementary families were offered fresh produce thru Freestore Food Bank. The food banks offer fresh produce four times a year.*

*Preschool and Kindergarten: Students eat breakfast together in the cafeteria.*

*Grade 1-6: Breakfast carts are brought to the classrooms for students to eat breakfast in the classroom. Teachers have commented that breakfast prepares students to be ready to learn and teaches them responsibility. Breakfast in the classroom has increased breakfast participation and supports students' health and learning. At the elementary, over 750 meals a day are served daily to approximately 400 students.*

*Middle & High School: Students have access to breakfast carts in the hallway. Students can pick up a Grab-n-Go breakfast to eat in their classroom. Providing easy access to breakfast thru the breakfast carts has increased breakfast participation. On average 70 more students eat a daily breakfast at the high school.*

*This school year, supply chain issues have been a challenge for the school nutrition department. Many menu items are out of stock with breakfast foods being the most difficult to procure. Food substitutions are made on the menu, that are sometimes double the cost, driving up food costs districtwide. On a positive note, some of the new menu items are very popular among students.*

*Districtwide approximately 86% of students eat breakfast and 80% of students eat lunch daily. Offering meals at no cost has had a positive impact for students and provided needed help for families. The district plans to offer the meal programs implemented over the last 2 years. In addition, the district will continue stocking the Wildcat Closet with coats, gloves, shoes, hygiene products, and school supplies. Families are thankful for the help provided throughout the district.*

*"We believe that feeding students healthy nutritious foods is the key to better learning".*

*Bright Local Wellness Committee*



# Bright Local Schools



## Fun with Donuts on Ground Hogs Day