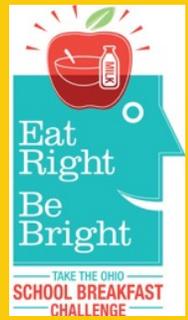


# Benjamin Logan Rural, Bellefontaine, Ohio Logan County



## Breakfast & Beyond-2022

### Collaborators

- District & Building Administrators, Board of Education, Teachers
- Nurse, Education Specialist, Students
- Child Nutrition, Bus Driver, Janitor,
- Athletics, Librarian, Support Staff
- Parents, PTA/PTO, Community Health Organization, Benjamin Logan Education Association (BLEA)

### School District Instructional & Meal Options

SY 2021-2022- In-person instruction

- K-4-Elementary: Grab-n-Go breakfast in each grade level hallways/pods to eat in the classroom.
- Grade 5-6-Middle School: Grab-n-Go from the cafeteria to eat in the classroom.
- High School: Students eat in the cafeteria. Hot and cold breakfast options are offered daily.
- Breakfast and Lunch are offered at no charge.

### Goals

- Increase participation in school breakfast.
- Offer a variety of new breakfast options
- Use USDA foods to offset the increase in food costs.

### Results

- Elementary- 72% of students eat a daily breakfast, 48% increase in participation over last year.
- Middle School- 45% of students eat a daily breakfast, 32% increase in participation over last year.
- High School-18% of students eat a daily breakfast, 11% increase in participation over last year.

*SY 2021-2022- This year, school breakfast and lunch are offered at no charge districtwide. The nutrition department implemented a new 15-day breakfast cycle menu that offered a variety of food options and utilized USDA foods. New serving strategies were added like Grab-n-Go breakfast to increase access and participation in school breakfast. The goal of the nutrition department was two-fold; to improve meal acceptance and participation, thereby, increasing revenue to remain financially solvent and to support the health and learning of all students.*

*The school board, district and building administrators, teachers, and other staff supported the new strategies to facilitate an environment where students had the opportunity to eat a well-balanced breakfast and start the day focused and ready to learn.*

*Elementary students are dismissed from their classroom to pick up a Grab-n-Go breakfast in each grade level hallway to eat in the classroom. American Dairy Association Mideast donated insulated bags to keep milk and other food items at the right temperature. A 5<sup>th</sup> grade student commented, "I don't always have time to eat at home. Having breakfast at school makes me feel good and helps me to think through the day, have nutrition in my body, and not be hungry."*

*Middle School students in all four grade levels are dismissed to the cafeteria to pick up a Grab-n-Go breakfast to eat in the classroom. The BELA president, Marge Jenkins, helped serve breakfast at the middle school due to COVID protocols. She commented, "My eyes were truly opened as to what it takes to make breakfast and serve our students each morning.... I am so proud of the café ladies who give our students the best start they can each morning with a healthy breakfast."*

*High School students eat in the cafeteria. Hot and cold options are offered daily. Students can choose from hot items like waffles, omelets, sausage, and biscuits that are part of a rotating 15-day menu cycle. Cold options like fresh fruit, yogurts, muffins and cereal are offered daily.*

*Districtwide 50% of the students eat a daily breakfast at school, a 30% increase over last year. The implementation of new menus using USDA foods, instituting Grab-n-Go breakfast at the elementary and middle school, and promoting new concepts at the high school, benefited student health and learning and supported a strong nutrition budget. With the budget in the black, the district was able to purchase foodservice equipment, POS systems, café tables and chairs, and new monitors, keypads and computers for the department.*

# Benjamin Local SD



At Benjamin Logan Elementary, Lori Jones sets up and serves breakfast to students.