

# Anthony Wayne Schools Suburban, Whitehouse, Ohio Lucas County

## Breakfast & Beyond-2022



### Collaborators

- District & Building Administrators, Teachers
- Teachers, Nurse, Students, Support Staff
- Parents, PTA/PTO

### School District Instructional & Meal Options

SY 2021-2022- In-person instruction

- Offer breakfast from mobile carts in hallways to eat in the classroom.
- Offer several made from scratch entrée options.
- Breakfast and Lunch are offered at no charge.

### Goals

- Promote breakfast and lunch thru merchandising and social media.
- Implement Grab-n-Go breakfast to increase breakfast participation.
- Offer a variety of hot and cold menu options daily with 3-4 varieties of fruits and veggies.

### Results

- Breakfast meals have increased from an average of 411 to 702 breakfasts served daily. An average of 290 more breakfasts are served every day. Breakfast participation increased 7% over last year.
- Lunch meals have increased from an average of 1508 to 2462 lunches served daily. An average of 954 more lunches are served every day. Lunch participation increased 19% over last year.

*SY 2021-22- The district started the year off on a positive note with the ability to serve meals that were not pre-packaged and are at no charge to students. The nutrition department staff have taken extra steps to ensure students are offered fresh fruits and vegetables and hot and cold entrées that are colorful, flavorful and appealing. Students at the primary level are offered one hot or cold entrée daily. At the secondary building, choices include cold entrees with deli wraps, smoothie bowls, entrée salads, and more. Hot entrees include a new selection of spicy buffalo chicken dip served with tortilla chips and made from scratch sides like cornbread.*

*The district experienced supply chain shortages of food and paper supplies, but has adapted by using new vendors to purchase food items and a little creativity to repurpose paper supplies. Due to food shortages, the department posts weekly menus instead of monthly menus. Menus are posted using google doc, which keeps students and parents apprised of menu changes in real time.*

*The nutrition department has support from administration at the district and building level to implement changes that have had a positive impact on student health and well-being. A few successful change include-*

- *Serving breakfast in the hallways via mobile carts. Students pick up breakfast as they enter the building to eat in their classroom. This has increased participation in breakfast!*
- *Returning to scratch cooking and eliminating pre-packaged food bags. Pictures of food items are posted to help students choose entrées and sides.*
- *Offering students a variety of menu choices-hot and cold entrees and sides. The department has introduced new food items and students are involved in taste testing new products.*

*To sum up, one high school student said, "It used to be uncool to buy school lunch, so I never did. Now, everyone likes how the food feels like you're going to a restaurant, and everyone buys lunch now."*

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