

Ohio School Breakfast Challenge

www.OhioSchoolBreakfastChallenge.com



Frequently Asked Questions (FAQ)

What is the Ohio School Breakfast Challenge?

The Ohio School Breakfast Challenge encourages schools to make breakfast a part of the school day so all students start the day ready to learn. Why? Breakfast helps students do their best. All schools that offer the School Breakfast Program are encouraged to participate in the Challenge.

Why should my school take the Breakfast Challenge?

Breakfast at school is an easy, cost effective way, to help students do their best. Studies show that students who eat breakfast have better nutrition, perform better in school, have higher test scores and better behavior. Breakfast may also benefit your school financially, protecting operating funds and balancing food costs. It's simple, breakfast impacts students' health and learning, and can make economic sense by potentially increasing revenue to the food service department.

Isn't it the parents' responsibility to feed their children breakfast at home?

Mornings can be hectic! School breakfast is an option when family schedules are rushed, commuting or bus schedules interfere with an early breakfast, or a child is not hungry early in the morning but has a better appetite later in the morning. Serving breakfast at school provides all students with the morning nutrition they need to start their day.

Participate in the Challenge!

There is no need to sign up for the Challenge. School food authorities will receive a survey gizmo email the last week of March to report breakfast meals served, serving days and enrollment.

School Recognition

Schools meeting Challenge Criteria are recognized in one of two categories, "Breakfast Rising Star" or "Breakfast All-Star." Award winning schools will receive a Breakfast All-Star Banner to proudly display in their school.

Challenge Criteria

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Platinum	Gold	Silver	Bronze	Rising Star
80% or higher total ADP	70–79% total ADP	60–69% total ADP	50–59% total ADP	30% increase from previous school year ADP

What are some ways to serve breakfast?

There are many ways to serve breakfast at school. Traditionally breakfast is served and eaten in the cafeteria. Schools can also implement one or more breakfast strategies such as [Breakfast in the Classroom, Grab N Go, and Breakfast After the Bell](#). Using innovative serving methods and enhancing menu offerings are ways to get more students participating in school breakfast. And, remember Ohio law also states that schools have the option of offering students breakfast in the classroom as part of the school day. *

* Section 3313.813, Food programs- outdoor education centers, 3 (e) states that any school district board of education or chartered nonpublic school that participates in a breakfast program may offer breakfast to students in their classrooms during the school day.

We don't have extra staffing in our school to support an Alternative Meal Service Model; will it create additional work for teachers?

Many schools have successfully implemented Alternative Meal Service Models, such as Breakfast in the Classroom, without having to hire additional help. Job duties may need to be reallocated and schedules may have to be adjusted, but if a school is already implementing School Breakfast, additional staff should not be needed to change the way it is served.

What is the Champion of Breakfast Award?

Schools that demonstrate a collaborative best practice to create, enhance or expand school breakfast are encouraged to apply for the Champions of Breakfast Award. Applications are available in early January each year at [OhioSchoolBreakfastChallenge.com](#). Champion award-winning schools are announced during National **March 2020**. [Explore](#) innovative ideas from other Ohio Schools.

For more information about the School Breakfast Program visit [Ohio Department of Education](#).

For helpful tools and resources visit [Ohio School Breakfast Challenge](#).