

Bright Local Schools Rural – Hillsboro, Highland County Innovative Breakfast Programs

2019 Champion of Breakfast



Collaborators

- Child Nutrition Services, Director Debbie Robertson
- School Board member Steve Cox and Superintendent Ted Downing
- High School Principal Mike Bick and Elementary Principal Brian Ruckel
- Maintenance Director Daniel Knoblauch
- Custodial staff Wayne Devilbliss and Angela Aber



Serving Strategy

- Breakfast is served at no cost to ALL 714 students in both elementary and jr/sr high
- District is nearly 60% free/reduced students but not CEP
- 2017 implemented Grab n Go breakfast for 7th-12th grade students at WhiteOak Jr/Sr High
- 2018 implemented Grab n go breakfast for 4th-6th grade students at Bright Elementary
- Grab n Go Breakfast is served before school in the cafeteria and students eat in classrooms

Goals

- Educate students and parents that eating breakfast helps with success in the classroom
- Remove stigma associated with eating breakfast at school
- Make breakfast more available, appealing and fun for students

Results

- Achieved goal of 50% of all students eating breakfast in Feb 2019;
 - started breakfast improvement initiative with 19% participation

Bright Local Schools have a “double routing” of buses with jr/sr high students arriving at 6:55 and classes begin at 7:30 - time to eat was not the main issue. Administration visited breakfast programs at several school districts to find ways to eliminate the stigma that school breakfast was only for “free” students. Bright now offers breakfast to all students at no charge! Administration, teachers, maintenance and food services agreed that breakfast is important for all students and a necessary part of the academic day. All staff have a part in making their re-vamped breakfast program successful.

Breakfast is served in their cafeteria but eaten in the classrooms with the help of a Grab n Go cart. Appealing breakfast foods was an important part of their breakfast transformation – so the cooks held student taste tastings as they created new menu items like breakfast banana splits, and made breakfast fun with student contests where winning classrooms had breakfast served in their classroom. The district received an equipment grant to assist with the cart and other supplies.

Teachers were excited to have more time with their students in the classroom as this gave opportunity for students to ask for assistance with an assignment. Students have pride and are responsible with their meal and morning clean up tasks.

Bright Local Schools will continue the Grab N Go breakfast at both buildings to build on the morning routine for students.



Bright Local



BREAKFAST
FREE FOR ALL STUDENTS

START YOUR DAY WITH A HEALTHY BREAKFAST

High School- 7:00 A.M.- 7:30 A.M. - Grab-N-Go
Elementary- 8:30 A.M. - 9:15 A.M.

**Grab-N-Go Breakfast at
Whiteoak High School**

Students may pick up breakfast and take it to their first period class.

As a result of Bright Local School receiving a grant, we will be extending free breakfast to all students. One simple, healthy meal can make a huge difference for students. Instead of sitting in school hungry and unable to focus, a school breakfast can give them the boost they need to succeed.

School Breakfast Changes Lives!