

Worthington City Schools Granby Elementary Suburban – Worthington, Ohio, Franklin County *Innovative Breakfast Programs*



Collaborators

- Principal
- Director of Food Services
- Cafeteria Manager and staff
- Custodial staff
- Teachers
- 5th grade students
- Parents Volunteers



Serving Strategy

Breakfast in the Classroom (BIC)

Goals

- Increase access to school breakfast, in an environment where they can be together, so that All students, regardless of socio-economic status, start their day nourished and ready to learn
- Fully implement BIC in remaining grade level every 2-3 weeks.

Results:

Food Services reported:

- Breakfast participation increased by 157% in the 5th and 1st grades.
- Food costs decreased by 33.7% and productivity increased by 1.5 meals per hour.

Teachers reported:

- Increase in student attentiveness.
- Decrease in complaints of hunger and related physical ailments.

The Story

Granby Elementary principal noticed that as the diversity and socio-economics of the student population changed in recent years, many more students struggle with concentration, hunger, and physical complaints, particularly in the morning.

- The principal approached the new food service director about increasing access to breakfast.
- August data showed that, on average, only 33 of 450 students ate breakfast.
- Two main reasons students didn't eat breakfast at school were determined to be
 - tardiness (late students had no time to get breakfast before going to class)
 - socialization, (students met their friends each morning in the classrooms, far from the cafeteria.)
- The solution was to take breakfast to the students with Breakfast in the Classroom
- Piloted in the fifth-grade, BIC was so successful the first-grade class was added a few weeks later.
- 5th grade students gain leadership experience:
 - Taste testing menu items
 - Assisting the first grade teachers by moving supplies
 - Managing the younger students as they pick up and eat their breakfast.
- Parent volunteers assist classroom teachers and help manage the breakfast carts.

"We are excited that our parents value this program and have parent volunteers who came in each morning to help..."
Patti Schlaegel, Principal Granby Elementary