

Winton Woods City Schools
Winton Woods Elementary
Suburban – Cincinnati, Ohio, Hamilton County
Innovative Breakfast Programs



Collaborators:

- District Child Nutrition Director, Assistant to Child Nutrition Director
- Administrative Assistant to Child Nutrition Director
- Principal & Assist Principal
- Kitchen Lead and Kitchen Staff



Serving Strategy:

- Grab n Go
- Breakfast in the Classroom

Goals:

- Increase speed of service to allow more time for kids to eat breakfast
- Increase Breakfast Participation
- Bio-metric scanners to move students through the line at a faster rate.
- Use this elementary school as a model program to obtain grant funding for implementation at the other two elementary schools.

Results:

- Breakfast participation increased 36% over the previous year
- Decrease in behavioral issues
- Decrease in tardiness
- Less hall noise and disruptions before class bell

The Story

The elementary school principal recognizes that breakfast is an integral part of the school day. To ensure ALL students have access to breakfast, the school decided to use multiple serving strategies offering both a grab-n-go and breakfast in the classroom. All staff worked on a plan for students to grab breakfast as they got off the bus to take to the classroom to eat. Implementing Grab-n-Go has increased the speed of service which gives students 15 minutes to eat breakfast as opposed to 5 minutes when they ate breakfast in the cafeteria. Changing the breakfast strategy from the cafeteria to BIC has reduced behavior problems and tardiness to nearly zero, as students spend less time in line and do not wonder the halls after breakfast. The next step is to purchase bio-metric scanners to move students through the line at a faster rate. The district will use this elementary school as a model program to obtain grant funding for implementation at the other two elementary schools.

“The increase in participation is our biggest impact, we are able to provide breakfast to those who before wouldn’t or couldn’t make it to breakfast in the cafeteria!”

Andrea Tellez, Administrative Assistant to Child Nutrition, Winton Woods