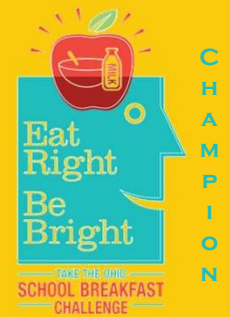


Wellston City Schools

Rural – Wellston, Ohio, Jackson County

Meal Quality



Collaborators:

- District Food Service Director
- Building Food Service staff
- Building Principals
- Grants



Serving Strategy

- Elementary organized and served by grade
- Middle/High Grab n Go
- All Grades allowed Breakfast After the Bell (BAB)

Goals:

- Make breakfast accessible to all students.
- Procure portable warmers to hold hot foods at grab n go stations

Results:

- Breakfast participation increased 30% over the previous year.
- Increased revenue
- Decreased nurses visits due to hunger

The Story

The main goal was to make breakfast accessible to All students. Each building principal collaborated with food service to design a breakfast strategy tailored to meet their needs. At the elementary schools, the principals designed a plan to dismiss students by grade level so students eat breakfast together every day. Breakfast participation at the elementary/intermediate buildings averages 95%, most of the remaining 5% is due to absences. At the middle/high schools, cold foods were moved to the hallways where the students can pick up a grab-n-go breakfast and eat in their classroom. In addition, if students want a hot breakfast they can go to the cafeteria to eat breakfast. At all school buildings students are offered a second chance for Breakfast After the Bell if they miss breakfast or are hungry later in the morning. Implementing multiple serving strategies that are tailored for each building has led to a 30% increase in breakfast participation which in turn has increased revenue to purchase additional items for breakfast service. The next step is to purchase warmers so students can get hot breakfast items in the hallways. Students rarely visit the nurse's office due to hunger and start their day ready to learn!

"We moved the offerings out into the hallways to reach students that were coming in late or students that are reluctant to come into the cafeterias"

Tina King FSD Wellston City SD