

# Indian Creek School District Wintersville Elementary Rural – Wintersville Ohio, Jefferson County Meal Quality



## Collaborators:

- Superintendent
- Assistant Superintendent
- Food Service Director
- Principal
- President Indian Creek Education Association
- Indian Creek High School Students



## Serving Strategy

Breakfast in the Classroom

## Goals:

Feed more students breakfast

*“A giant collaboration of people wanting to do the right thing, came together to make sure students were well nourished to start their school day.”*

*Eric White Food Service Director*

## Results:

Breakfast participation increased 34% over the previous year

Attendance has increased

Tardiness has decreased

School nurse visits for the “10:30 hunger bug” have decreased

## The Story

Indian Creek School district recognizes that school breakfast has a positive impact on academic outcomes, student behavior and on-time attendance as well as the stigma that comes with free and reduced meal status. The district decided to offer Breakfast in the Classroom so that ALL students had access to a nutritious breakfast every day.

Over the summer months the food service director researched logistics and collaborated with administrators and teachers to ensure a smooth start. ICSD purchased insulated coolers for transport and serving of hot and cold breakfast foods with grant funding from Partners for Breakfast in the Classroom, a consortium endorsed by the Ohio Education Association.

Wintersville Elementary started BIC on the first day of school but had a big delivery challenge – the school has five levels and lots of stairs! Some creative thinking and collaboration with the Key Club and other high school students resulted in a unique solution. Indian Creek High School students assist in breakfast delivery at the elementary each morning as a way to earn their community service hours necessary for graduation. Win-Win!!

*“Our goal is to increase breakfast participation by 20 percent. This will make the food more readily available by taking it to the classroom instead of them coming to the cafeteria. I’m very excited. I want to feed as many kids as we can, and I know there are kids who are not getting the nutrition that they need.”*

*Eric White Food Service Director*